| SUN   | MON   | TUE   | WED  | THU   | FRI   | SAT  |
|---|---|---|--|---|---|--|
| 27  | 28  | 29  | 30   | 31  | 1   | 2  |
| 3   | 4   | 5   | 6  | 7   | 8   | 9  |
| Fish Sticks w/<br>Mac&Cheese,<br>Broccoli and<br>Apple Slices             |   | Personal Pan<br>Pizza W/ Broccoli<br>& Apples               | Beef Rib<br>Sandwich w/<br>Green Beans &<br>Grapes   | Hot Dogs W/<br>Baked Beans,<br>Peas & Orange<br>Wedges              | BBQ Chicken<br>Wings W/ Mac &<br>Cheese, Green<br>Beans & Pears | Cheeseburger<br>Sweet Potato<br>Tots, & Apple<br>Sauce       |
| 10  | 11  | 12  | 13<br>Calzone w/ Tom.  | 14  | 15  | 16   |
| General Tso's<br>Chicken w/ Rice,<br>Broccoli &Carrots,<br>& Apple Slices | Chicken Tacos w/<br>Corn and Salsa<br>cup w/ Apples                             | Spicy Chicken<br>Sandwich, Green<br>Beans, Craisins         | Sauce, Fresh Carrots and Pineapple Chunks  | Fried Chicken<br>Legs, Mashed<br>Potatoes, Peas, &<br>Orange wedges | Spaghetti W/<br>meatballs,<br>Broccoli and<br>Pears             | BBQ Wings w/<br>Mac&Cheese,<br>Green Beans, &<br>Apple Sauce |
| 17  | 18  | 19  | 20   | 21<br>Chicken Breast  | 22  | 23   |
| Beef Cheese<br>Steaks, Tartar Tots,<br>Corn & Apple<br>Slices             | Corn Dogs w/<br>Baked Beans,<br>Green Beans, &<br>Apples                        | Chicken Tenders<br>Brocooli, Tartar<br>Tots, & Fruit cup    | Grilled Cheese<br>Sandwich w/<br>goldfish, Celery<br>stks & Grapes   | Sandwich, Tatar<br>Totsd, Corn<br>&Orange<br>Wedges                 | Stuffed Shells W/<br>Broccoli, Garlic<br>Knots, and Pears       | Cheeseburger<br>Sweet Potato<br>Tots, & Apple<br>Sauce       |
| 24  | 25  | 26  | 27   | 28  | 29  | 30   |
| Orange Chicken<br>over Rice w/<br>Broccoli & Carrots<br>and Apple Slices  | Meatloaf W/ Beef<br>Gravy, Mashed<br>Potatoes, W.W.<br>Dinner roll, &<br>Apples | Pizza w/ Tomato<br>Sauce, Fresh<br>Carrots, and<br>Craisins | Chicken Tacos w/<br>Corn, Salsa cup,<br>& Pineapple<br>Chunks  | Spicy Chicken<br>Sandwich, Green<br>Beans, & Orange<br>Wedges       | Chicken Parm W/<br>Penne Pasta,<br>Broccoli and<br>Pears        | BBQ Wings w/<br>Mac&Cheese,<br>Green Beans, &<br>Apple Sauce |
| 31  | 1   |   | As part of the Community Education Buildings Commitment to Healthy Eating we use only Fresh or Fresh Frozen Vegetables and Serve only Fresh Fruit. Also all Breads and Breading are made with a minimum of 51% Whole Wheat Flour. Fat free Chocolate and 1% Plain Milk is offered daily. |   |   |  |