

# Lunch Menu – March 2019

Student Fees:  
Lunch - \$

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>4</b> Chicken &amp; Waffles w/Steamed Carrots, Celery Sticks w Soy Butter or Buffalo Chicken Salad wrap w/ Cheddar Popcorn &amp; Carrots or Muffin Munchable Meal Daily Fruit offering: Banana</p>	<p><b>5</b> Mozzarella Sticks w/Steamed Peas and Broccoli or Turkey &amp; Cheese, Baby Carrots w/ Hummus and Goldfish or Garden Salad w/buffalo Chic salad, Tofu toppers Daily Fruit Offering: Apple Slices</p>	<p><b>6</b> Assorted Calzones w/ Garden Salad and Broccoli &amp; Tomatoes or Chicken Caesar Wrap w/ Wheat Berry Vegetable Salad &amp; Feta Carrots/FF Cool Ranch Doritos &amp; Potato salad Daily Fruit offering: Diced Honeydew</p>	<p><b>7</b> Oven Roasted Chicken, Black eyed peas, Steamed Corn &amp; WW Roll or Turkey Ham &amp; Cheese w/ Cucumber and Goldfish or Veggie Pasta Salad w/Grilled Chicken/Tuna Toppers Daily Fruit offering: Fresh Pears</p>	<p><b>8</b> Orange Chicken, Brown Rice w/ Stir-fried Veg or Chicken or Tuna Caesar Salad w/ Garlic bread or Tuna Salad Sandwich w/Celery w/Soy Butter FF Doritos Daily Fruit offering: Fresh Fruit</p>
<p><b>11</b> Beef Nachos, Refried Beans w/ Steamed Broccoli or Buffalo Chicken Salad wrap w/ Cheddar Popcorn &amp; Carrots or Muffin Munchable Meal Daily Fruit offering: Banana</p>	<p><b>12</b> Wings (Buffalo, Thai Chili or BBQ ) Mac &amp; Cheese w/Collard Greens or Teriyaki Chicken wrap w/ Carrots and Goldfish or Asian Veggie Salad w/Grilled Chicken/Tofu Toppers Daily Fruit offering: apple slices</p>	<p><b>13</b> Meatloaf w/Mashed Potatoes, Green Beans &amp; WW dinner roll Or American Cold Cut Sub w/ RF Cool Ranch Doritos &amp; Potato Salad Garden Salad w/ Feta cheese/Chef Toppers Daily Fruit offering: Diced Cantaloupe</p>	<p><b>14</b> Chicken tenders w/ Tator Tots and Glazed Carrots Or Roast Beef &amp; Cheese, celery sticks &amp; Goldfish or Garden Salad w/Grilled Chicken/Tuna Toppers&amp; dinner roll Daily Fruit offering: Orange Wedges</p>	<p><b>15</b> Cheese Burger w/ Baked Beans &amp; Spinach Or Caesar Salad w/Chicken/Tuna Garlic bread or Turkey &amp; Cheese Sandwich w/FF Doritos/Celery Sticks w/soy butter Daily Fruit offering: Assorted Fresh Fruit</p>
<p><b>18</b> Three Cheese Lasgna w/Garlick Bread &amp; Glazed Carrots or Buffalo Chicken Salad wrap w/ Cheddar Popcorn &amp; Carrots or Muffin Munchable Meal Daily Fruit offering: Banana</p>	<p><b>19</b> Steak Quesadilias w/Brown Rice Steamed Broccoli or Turkey &amp; Cheese, Baby Carrots w/ Hummus and Goldfish or Garden Salad w/buffalo Chic salad, Tofu toppers Daily Fruit Offering: Apple Slices</p>	<p><b>20</b> Pizza Day (Cheese, Hawaiian, Turkey Pepperoni) Zucchini w/Red Peppers Fresh Assorted Vegetables Bites or American Cold Cut Sub or Garden Salad Greek Chic Salad, Chef Toppers FF Cool Ranch Doritos or Potato Salad Daily Fruit offering: Pineapple Chunks</p>	<p><b>21</b> Beef Hot Dogs w/Peas &amp; Carrots &amp; Baked Beans or Turkey Ham &amp; Cheese w/ Cucumber slices and Goldfish or Garden Salad w/Grilled Chicken/Turkey Bacon Toppers &amp; roll Daily Fruit offering: Grapes</p>	<p><b>22</b> Chicken Cheesesteak w/ Baked Fries &amp; Sauteed Spinach or Caesar Salad w/Chicken/Tuna Garlic bread or Roast Beef &amp; Pepper Jack Cheese Sandwich w/FF Doritos/broccoli bites Daily Fruit offering: Assorted Fresh Fruit</p>
<p><b>25</b> Spaghetti w/meatballs Steamed Broccoli and Baby Carrot or Tuna Salad wrap w/ Cheddar Popcorn &amp; Carrots or Muffin Munchable Meal Daily Fruit offering: Banana</p>	<p><b>26</b> Asian Beef &amp; Broccoli w/Brown Rice &amp; Broccoli Or Teriyaki Chicken wrap w/ Carrots and Goldfish or Asian Veggie Salad w/Grilled Chicken/Tofu Toppers <b>Daily Fruit offering: Apple Slices</b></p>	<p><b>27</b> Meatloaf w/Mashed Potatoes, Green Beans &amp; WW dinner roll or American Cold Cut Sub w/ RF Cool Ranch Doritos &amp; Potato Salad Garden Salad w/ Feta cheese/Chef Toppers Daily Fruit offering: Fruit Medley</p>	<p><b>28</b> Chicken tenders w/ Tator Tots and Glazed Carrots or Roast Beef &amp; Cheese, Cucumber Slices &amp; Goldfish or Veggie Pasta Salad w/Grilled Chicken/Tuna Toppers Daily Fruit offering: Pears</p>	<p><b>29</b> Cheese Burger w/ Baked Beans &amp; Broccoli or Chicken or Tuna Caesar Salad w/ Garlic bread Broccoli &amp; Tomatoes Bites, Nacho Cheese Doritos Daily Fruit offering: Assorted Fresh Fruit</p>