

Lunch Menu – December 2018

Student Fees:

Lunch - \$

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>Sweet & Sour Chicken w/ Brown rice and Stir-fry veg Or Teriyaki Chicken wrap w/ Carrots and Goldfish or Muffin Munchable Daily Fruit offering: Banana</p>	<p>4</p> <p>Wings (Buffalo or BBQ) Mac & Cheese w/Steamed Broccoli Or Turkey & Cheese w/ Carrots and Goldfish or Garden Salad w/ Feta cheese/Chef Toppers Daily Fruit offering: Apples Slices</p>	<p>5</p> <p>Pizza Day (Cheese, Veggie, Turkey Pepperoni) w/ Zucchini & Red Peppers Or Chicken Caesar Wrap w/ Broccoli and Tomatoes & Goldfish or Roast Beef & Cheese w/ Carrots and Goldfish Daily Fruit offering: Diced Pineapples</p>	<p>6</p> <p>Beef Hot Dogs or Breaded Chicken Sandwich w/ Smiley Fries & Baked Beans Or Turkey & Cheese w/ Celery w/Soy butter and Goldfish or Garden Salad w/Grilled Tofu/Tuna Toppers & roll Daily Fruit offering: Pears</p>	<p>7</p> <p>Chicken tenders w/ Tator Tots and Glazed Carrots Or Chicken or Tuna Caesar Salad w/ Garlic bread Daily Fruit offering: Assorted Fresh Fruit</p>
<p>10</p> <p>Chicken & Waffles w/ Steamed Carrots Celery Sticks w/Soy butter Or Chicken Salad Sandwich w/ Cheddar Popcorn & Carrots or Muffin Munchable: Muffin Daily Fruit offering: Banana</p>	<p>11</p> <p>Baked Beef Ziti w/Steamed Peas and Broccoli Or Turkey & Cheese, Baby Carrots w/ Hummus and Goldfish Daily Fruit Offering: Apple Slices</p>	<p>12</p> <p>Pizza Day (Cheese, Veggie, Turkey Pepperoni) Zucchini w/Red Peppers Broccoli & Tomatoes Bites Or Chicken Caesar Wrap w/ Broccoli FF Cool Ranch Doritos or Potato Salad Daily Fruit offering: Diced Honeydew</p>	<p>13</p> <p>Oven Roasted Chicken, Black eyed peas, Steamed Corn & WW Roll Or Turkey Ham & Cheese w/ Cucumber and Goldfish or Veggie Pasta Salad w/Grilled Chicken/Tuna Toppers Daily Fruit offering: Fresh Pears</p>	<p>14</p> <p>Orange or General Tso's Chicken Brown Rice w/ Stir-fried Veg or Chicken or Tuna Caesar Salad w/ Garlic bread or Tuna Salad Sandwich w/Celery FF Doritos Daily Fruit offering: Fresh Fruit</p>
<p>17</p> <p>Fish Sticks or Mac & Cheese, Roasted Sweet Potatoes w/Green Beans Or Buffalo Chicken Salad wrap w/ Carrots & Cheddar Popcorn or Muffin Munchable Daily Fruit offering: Banana</p>	<p>18</p> <p>Orange Chicken w/ Brown rice and Stir-fry veg Or Teriyaki Chicken wrap w/ Carrots and Goldfish or Asian Veggie Salad w/Grilled Chicken/Tofu Toppers Daily Fruit offering: apple slices</p>	<p>19</p> <p>Sliced Roast Beef, Mashed Potatoes w/ Collard Greens and Holiday Cookies Or American Cold Cut Sub w/ RF Cool Ranch Doritos & Potato Salad Daily Fruit offering: Diced Cantaloupe</p>	<p>20</p> <p>Chicken tenders w/ Tator Tots and Glazed Carrots Or Roast Beef & Cheese w/ Carrots and Goldfish or Veggie Pasta Salad w/Grilled Chicken/Tuna Toppers Daily Fruit offering: Pears</p>	<p>21</p> <p>Beef Or Fish Tacos, Refried Beans w/ Steamed Broccoli Or Chicken or Tuna Caesar Salad w/ Garlic bread Daily Fruit offering: Assorted Fresh Fruit</p>
<p>24</p> <p><i>School Closed</i></p> <p><i>Winter Break</i></p>	<p>25</p> <p><i>School Closed</i></p> <p><i>Winter Break</i></p>	<p>26</p> <p><i>School Closed</i></p> <p><i>Winter Break</i></p>	<p>27</p> <p><i>School Closed</i></p> <p><i>Winter Break</i></p>	<p>28</p> <p><i>School Closed</i></p> <p><i>Winter Break</i></p>
<p>31</p> <p><i>School Closed</i></p> <p><i>Winter Break</i></p>	<p>1</p> <p><i>School Closed</i></p> <p><i>Winter Break</i></p>	<p>2</p> <p><i>School Closed</i></p> <p><i>Winter Break</i></p>	<p>3</p> <p>Chicken tenders w/ Tator Tots and Glazed Carrots Or Roast Beef & Cheese w/ Carrots and Goldfish or Veggie Pasta Salad w/Grilled Chicken/Tuna Toppers Daily Fruit offering: Clementine</p>	<p>4</p> <p>Cheese Burger or Fish Filet Sandwich w/ Baked Beans & Green Beans Or Chicken or Tuna Caesar Salad w/ Garlic bread Daily Fruit offering: Fresh Fruit</p>

